

**SUISSE****SPIRITO TRAIL**
RUN DIFFERENT 

data	nome prova	km / disl. positivo	localita'	sito internet / e-mail
04/04	MONT TERRIBLE	106km/4990m/70km/3630m	Fontenais	https://www.mont-terrible.ch/
11/05	JURA SWISS TRAIL	55km/3000m/35km/2100m	Baulmes	https://www.juraswisstrail.ch/
06/06	SWISS CANYON TRAIL	105km/5500m/75km/3000m/42km/1400m	Couvet Neuchatel	http://swisscanyontrail.com
06/06	LGT ALPIN MARATHON	42km/1800m	Bendern (Liechtenstein)	www.lgt-alpin-marathon.li/
07/06	TRAIL DES PACCOTS	42km/3000m/27km/1800m	Chatel St. Denis	http://www.traildespaccots.ch/
14/06	SCENIC TRAIL	/167km/11650m/113km/7400m/54km/3900m/	Tesserete	http://www.scenictrail.ch/
21/06	ALETSCHE HALF MARATHON	21km/1050m	Bettmeralp	http://www.aletsch-halbmarathon.ch/
04/07	ENGADIN ST. MORITZ ULTRA	46km/3000m/30km/1700m	Pontresina	http://engadin.ultra.com/
04/07	TRAIL VERBIER SAINT BERNARD	110km/8400m/61km/4100m	Verbiere Valais	http://www.trailvsb.com/
04/07	ZERMATT MARATHON	85km/3600m/43km/2500m	Zermatt	http://www.zermattmarathon.ch/
18/07	EIGER ULTRA TRAIL	101km/6700m/51km/3100m/	Grindelwald	http://www.eigerultra.ch
18/07	GRUYERE TRAIL CHARMAY	54km/3800m	Charmey	http://www.gruyere-trail-charmey.ch/
25/07	SWISS ALPINE MARATHON	67km/2600m/43km/1430m	Davos Grigioni	www.swissalpine.ch
25/07	MONTREUX TRAIL FESTIVAL	110km/9000m/55km/4200m	Montreux	http://montreux-trail.ch/
25/07	SWISS IRON TRAIL	85km/3600m	Davos Grigioni	http://irontrail.ch/
25/07	TRAIL DU VELAN	45km/3600m	Bourg St. Pierre	http://trail.crossduvelan.ch/
01/08	TROPHEE DES COMBINS	7,3 km/1200m crono	Fionnay Valais	http://www.combin.ch/
08/08	GONDO EVENT	84km/4000m 2 tappe	Gondo	www.gondoevent.ch
09/08	SIERRE ZINAL	31km/2150m	Sierre Valais	www.sierre-zinal.com
14/08	SUPERTRAIL DU BARLATAY	87km/5400m/46km/2700m	L'Etivaz	http://barlatay.ch/
17/08	INFERNO HALBMARATHON	21,1km/7200m	Lauterbrunnen Interlaken	www.inferno.ch
22/08	MATTERHORN ULTRA	48km/3600m/30km/2000m	Zermatt	http://www.ultra.ch
29/08	NENDAZ TRAIL	70km/3590m/30km/1980m	Haute-Nendaz	http://www.nendaztrail.ch/
29/08	TRAIL DU BESSO	56km/5400m	Zinal	https://www.traildubesso.com/
30/08	SWISSPEAKS TRAIL	360km/27000m/170km/11300m/80km/5700m	Bouveret	http://swisspeaks.ch/
03/09	ULTRA TOUR MONTE ROSA	170km/11200m/116km/8300m/	Grächen	https://www.ultratourmonterosa.com/
12/09	JUNGFRAU MARATHON	42km/1829m	Interlaken Oberland Bernese	http://www.jungfrau-marathon.ch/
19/09	TRAIL DES DENTS DU MIDI	57km/3700m	Champéry	https://ddmtrail.ch/
19/09	HUMANI' TRAIL DES DIABLERETS	56km/3600m	Le Diablerets	www.humanitrail.com
11/10	TRAIL VALLEE DE JOUX	85km/3000m/52km/2400m/37km/1500m	L'Abbaye	www.trailvalleedejoux.ch